

coolgreens yogurt nutritional

1 serving = 3.5 oz								
	cal per oz	cal per serv	fat (g) per serv	sodium(mg) per serv	carbs (g) per serv	fiber (g) per serv	sugar (g) per serv	protein (g) per serv
original	29	102	0	50	21	0	20	3
pom	35	123	0	40	26	0	21	3
coconut	33	116	1	50	30	0	28	4
chocolate	35	123	3	110	23	2	15	5
green tea	32	112	0	45	25	1	20	4
mango	30	105	0	45	45	0	22	3
blueberry	28	98	0	40	27	0	24	2
strawberry	30	105	0	40	26	0	22	4
forest berry	31	109	0	40	26	0	25	2
peach	30	105	0	43	28	0	21	2
lemon	30	105	0	45	35	0	35	6

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