

## cool cubes

10 / each (10-person minimum)

our version of a healthy square meal

**pick one**

1/2 wrap  
coolwich  
1/2 pizza  
salad

**pick one**

bowl of soup  
pasta salad  
couscous  
pop chips

**pick one**

cg oatmeal cookie  
small yogurt parfait  
protein bar  
cup of mixed fruit

## beverages

iced tea 12 / gallon

lemonade 10 / gallon

fresh 100% orange juice 15 / gallon

bottled water 2 / each

izee 2 / each

## cg sweets

oatmeal cookies 12 / dozen

protein bars 12 / dozen

frozen yogurt bar 25

serves 10

with choice of three (3) toppings

**daily** original tart frozen yogurt

**m.** dark chocolate sorbet

**t.** blueberry frozen yogurt

**w.** strawberry frozen yogurt

**th.** dark chocolate sorbet

**f.** pink grapefruit sorbet

**sa.** coconut frozen yogurt

**su.** mixed berry frozen yogurt

## rise & shine

muffins 25 / dozen

assorted whole grain blueberry, whole grain  
chocolate chip, whole grain lemon poppy seed

fresh fruit platter 35

serves 10

pineapple, strawberries, blackberries, raspberries,  
blueberries, mango

+ yogurt dipping sauce 5

yogurt parfaits 5 / person (10-person minimum)

six-ounce individual all-natural yogurt flavored with  
cinnamon and honey with choice of three (3) toppings:  
*granola, strawberries, blueberries, blackberries, raspberries,  
almonds, toasted coconut*

quinoa cereal 5 / person (10-person minimum)

eight-ounce individual organic quinoa corn flakes served  
with skim milk and choice of two (2) toppings: *granola,  
strawberries, blueberries, blackberries, raspberries,  
almonds, toasted coconut*

fresh fruit smoothies

20-ounce individual servings

coolberri parfait 6

tropic blend 5

berriwild 5

strawberry banana 5

kiwi-strawberry 5

go wild 5

assorted whole fruits 12 / dozen

bananas, pears, oranges, apples

**coolgreens**  
cafe & bistro

## catering menu

for more information, contact leslie akin  
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[coolgreens.com](http://coolgreens.com)

## anytime

**signature salad bowl** 35 (light) 55 (full)  
any selection from our signature menu

**premium salad bowl** 45 (light) 60 (full)  
any selection from our premium menu

**signature wrap platter** 40 (light) 60 (full)  
any combination from our signature menu  
12 pieces 21 pieces

**premium wrap platter** 50 (light) 70 (full)  
any combination from our premium menu  
12 pieces 21 pieces

### signature salads & wraps

**southwest spicy chicken** | mixed greens & arugula, seasoned chicken, avocado, roasted poblano, corn, cumin black beans, red onion, blue corn tortilla chips, queso fresco, southwestern vinaigrette

**original caesar** | romaine, seasoned chicken, shaved parmesan, herb & garlic croutons, egg-free caesar

**chipotle chicken ranch** | romaine, seasoned chicken, corn, red bell peppers, cucumbers, cherry tomatoes, blue corn tortilla chips, monterey jack cheese, chipotle ranch

**tree hugger** | baby spinach, marinated tofu, edamame, pickled onion, mandarin oranges, crimini mushrooms, pumpkin seeds, orange catalina

**jamie's greek** | romaine, seasoned chicken, pickled red onion, kalamata olives, garbanzo beans, herb croutons, cucumbers, grape tomatoes, feta cheese, greek vinaigrette

**caprese** | mixed greens & arugula, croutons, grape tomatoes, mozzarella, fresh basil, red onion, kalamata olives, balsamic vinaigrette, evoo

**the plaza skinny** | arugula, seasoned chicken, avocado, bean sprouts, capers, sundried tomatoes, hearts of palm, toasted sunflower seeds, basil vinaigrette

**the whole deal** | mixed greens, turkey, ham, salami, sweet peppers, pepperoncinis, blue cheese, red onion, kalamata olives, red wine-tarragon vinaigrette

**the sonoma** | arugula, seasoned chicken, sundried tomatoes, smoked cheddar, toasted pumpkin seeds, red onion, lemon & thyme artichoke hearts, honey-dijon vinaigrette

**the bahamian jerk** | mixed greens, seasoned chicken, jerk seasoning, mango salsa, cumin black beans, bacon, lime-jalapeno vinaigrette

### premium salads & wraps

**wild sockeye salmon** | mixed greens, honey orange-glazed salmon, sundried tomato, apricot, tortilla chips, red onion, black beans, goat cheese, basil vinaigrette

**asian shrimp** | mixed greens, grilled shrimp, snap peas, carrots, bean sprouts, mandarin oranges, toasted almonds, sesame seeds, chinese noodles, asian ginger vinaigrette

**ahi tuna nicoise** | mixed greens & arugula, seared ahi tuna, fingerling potatoes, pickled onion, grape tomatoes, snap peas, kalamata olives, capers, boiled egg, raspberry vinaigrette

**flatbread pizza platters** 35 (light) 55 (full)  
20 pieces 40 pieces

**barbeque chicken** | roasted chicken, coolgreens barbeque sauce, crimini mushrooms, red bell pepper, smoked cheddar, green onion

**southwestern** | roasted chicken, tomato sauce, black beans, corn, red onion, roasted poblano, queso fresco, blue corn tortilla chips

**coolgreens skinny** | basil pesto, grapes, sundried tomatoes, figs, walnuts, goat cheese, arugula

**hummus** | roasted garlic hummus, carrots, artichoke hearts, kalamata olives, bean sprouts, feta cheese, sundried tomato pesto

**margarita** | grape tomato, fresh garlic, mozzarella, basil, evoo

**formaggio** | tomato sauce, smoky cheddar, monterey jack, parmesan cheese

**coolwich platter** 35 (8 halves) 65 (16 halves)  
served on artisan ciabatta bread

**all-natural turkey pesto** | turkey breast marinated in our house almond/basil pesto with roasted tomato, fresh mozzarella, organic mixed greens, balsamic vinaigrette

**all-natural jerk ham and cheese** | jerk rubbed ham, roasted tomato, smoked cheddar jack cheese, fresh organic arugula, honey dijon

**guilt-free chicken salad** | marinated chicken breast dressed with our own tofu mayo, fresh granny smith apple, toasted almonds, sliced red grapes, fresh cilantro, organic spring mix

**spicy chipotle chicken breast** | rosemary smoked chicken breast, monterey jack cheese, roasted tomato and poblano, chopped romaine, chipotle dressing

## etc

**fresh fruit platter** 35  
serves 10  
pineapple, strawberries, blackberries, raspberries, blueberries, mango  
+ yogurt dipping sauce 5

**whole wheat pasta salad** 20  
serves 10  
cucumbers, tomato, kalamata olives, pickled red onion, garbanzo beans, parmesan, feta cheese, greek vinaigrette, whole wheat penne pasta

**moroccan couscous** 20  
serves 10  
light curry, toasted almonds, golden raisins, parsley and lemon with whole grain couscous

**soup of the day** 3 5 20  
served with artisan sliced bread 6-ounce 10-ounce quart

- m. spicy asian vegetable | smoky tomato and basil
- t. harvest vegetable | butternut squash and coconut
- w. white chicken chili | chef's seasonal selection
- th. southwest chicken chili | wild mushroom and arugula
- f. white chicken chili | curry corn chowder
- sa. red chicken pozole | roasted fennel and potato
- su. white chicken chili | green chile chicken gumbo